

The image features a landscape background of mountains at sunset or sunrise, with a large, semi-transparent geometric logo overlaid. The logo consists of a central vertical bar and two diagonal bars that meet at the top, forming a stylized 'N' or a similar shape. The text 'NAATP' is in a light blue, sans-serif font, 'NATIONAL' is in white, and '2024' is in a bold, yellow, sans-serif font. The overall color palette is dominated by blues, oranges, and yellows.

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Placing the Head Back on the Body: Integrated Care Across Substance Use, Mental Illness and Physical Health



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Objectives

- Outline the key features of an integrated care model using general medical and psychiatric prescribers and the training required to achieve collaboration among these team members.
- Define the system-wide strategies needed to incorporate substance use and withdrawal management as well as physical health management across a behavioral healthcare continuum.
- Identify the training elements needed by nursing, medical assistants, and case managers to integrate substance use, mental illness, and physical health care.



SummitStone Health Partners

- Community Mental Health Center (CMHC)
- Serving Larimer County
- 10+ locations in Fort Collins, Estes Park and Loveland
- Embedded in 38+ partnering locations

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SummitStone Health Partners

- Mental health, substance use, and physical health services for adults, youth and families
- Outpatient, inpatient, residential, crisis, behavioral health urgent care, addiction treatment, community based and forensics services
- Mutli-disciplinary teams
 - Prescribers
 - Clinical
 - Peer Specialists
 - Administrative



SummitStone Health Partners

12,050

Clients treated for mental health and substance use services

GARCIA HOUSE
A CIRCLE PROGRAM BY SUMMITSTONE

4,124 Overnight Stays
196 Clients

TOTAL CRISIS SERVICES:

7,387
Crisis Phone Clients

2,899
Crisis Walk-In Clients

3,625
Crisis Overnight Stays

527
Mobile Crisis Clients

2,279 Peer Support services provided

369 Peer Support clients served



1,175
Fentanyl testing kits distributed



3,264
Naloxone kits distributed

445 People trained in Question, Persuade, Refer (QPR) suicide prevention

176 Community members trained in Adult Mental Health First Aid

107 Community members trained in Youth Mental Health First Aid



5,285
Co-Response services provided alongside law enforcement



491
People served

 [SummitStone.org](https://www.SummitStone.org)

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Our Values

Boldly raise the bar.

We are a leader and voice for behavioral health and have a responsibility to uphold equity. Through continuous curiosity, exploration, and reflection, we adapt and evolve to achieve excellence.

Stronger together.

We honor each individual's whole self by embracing differences in race, ethnicity, ability, age, gender, sexual orientation, spiritual beliefs, socioeconomic status, language, and the inherent intersections of many different identities.

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Journey Towards Broad Integration of Care Delivery

- In 2016...
 - Traditional CMHC
 - Identity as a mental health provider, not addiction
 - DUI programming only
 - No other addiction services
 - Crisis center with 10 beds where risk of withdrawal was exclusionary



SummitStone Journey

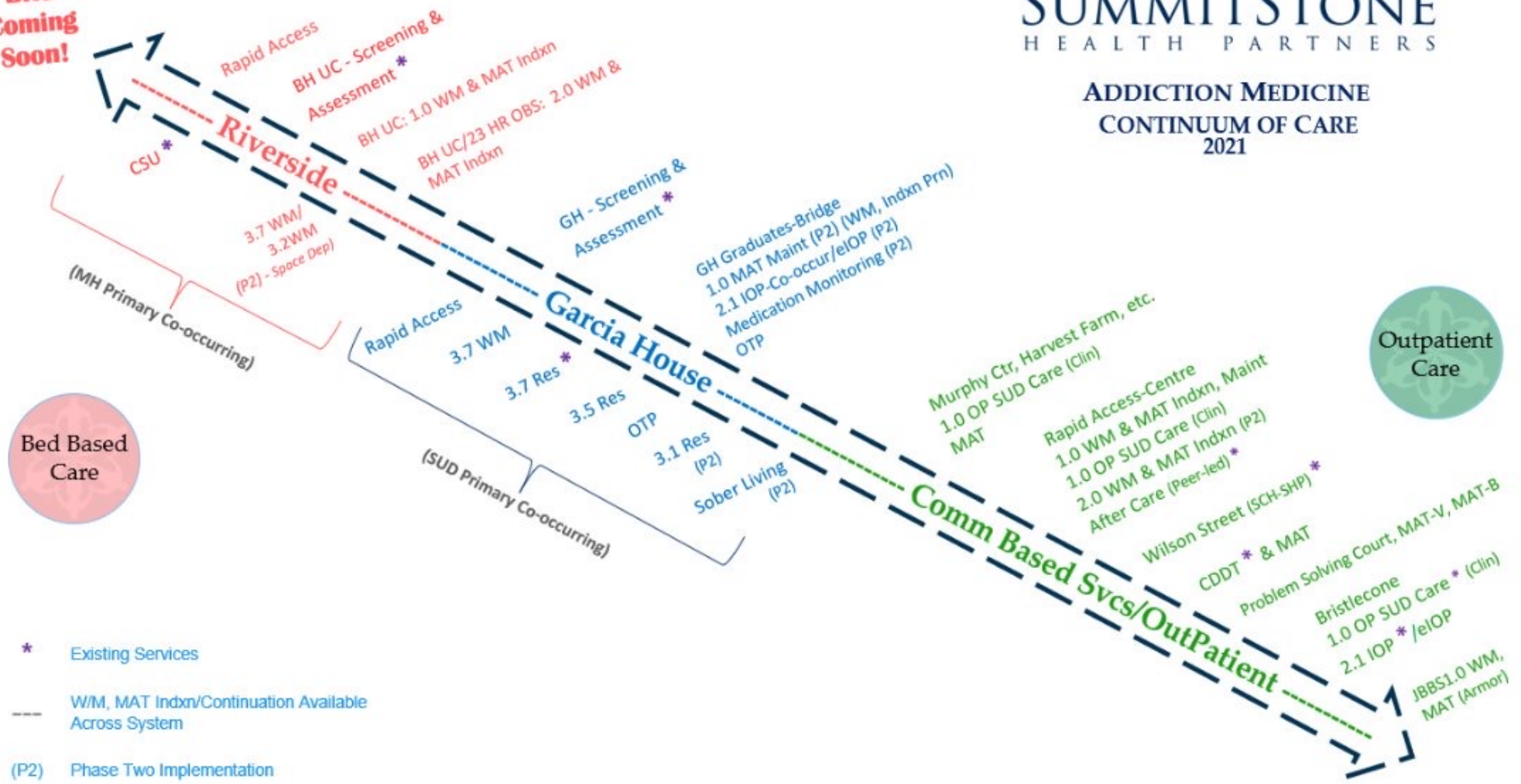
- In 2018-2020, against this backdrop...
 - Changing regulatory landscape
 - SUD Medicaid benefit, SB1113 Circle Program
 - COVID – vaccination clinics for clients, community, and staff
 - Larimer County BHS Ballot Initiative, successful RFP bid
 - Social unrest, economic downturn
 - Hired Chief of Addiction also Family Medicine
 - Mission, Vision, and Values



**BHS
Coming
Soon!**

SUMMITSTONE HEALTH PARTNERS

ADDICTION MEDICINE CONTINUUM OF CARE 2021



Bed Based Care

Outpatient Care



Offering three levels of Substance Use Disorder Treatment

- ASAM 3.7 WM Level of Care – Medically Monitored Withdrawal Management
- ASAM 3.7 Level of Care – Medically Monitored Intensive Residential Treatment
- ASAM 3.5 Level of Care – Clinically Managed Intensive Residential Treatment

- 16 Bed Facility that serves clients age 18-65
- 8 double occupancy rooms
- Designed for those with co-occurring substance use and mental health disorders
- Home-like setting where clients will participate in cooking, laundry and other skill building activities of daily living

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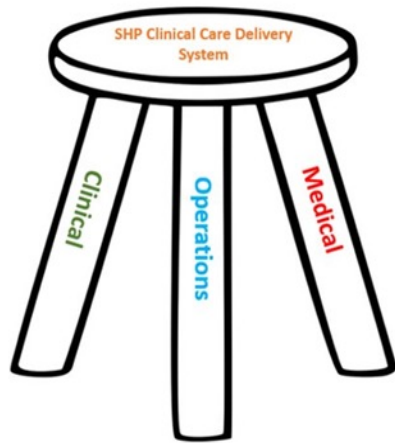


LARIMER
COUNTY

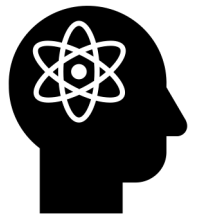
Behavioral Health Services at
LONGVIEW
ACUTE CARE



We began deliberate and considered thinking about integrated and whole person care.



What did that mean for us?



Definition?



There is no universal definition for integrated care, but it can be considered as "an approach characterized by a high degree of collaboration and communication among team members, related to patient care and the establishment of a comprehensive treatment plan to address the biological, psychological and social needs of the patient."

(American Psychological Association)



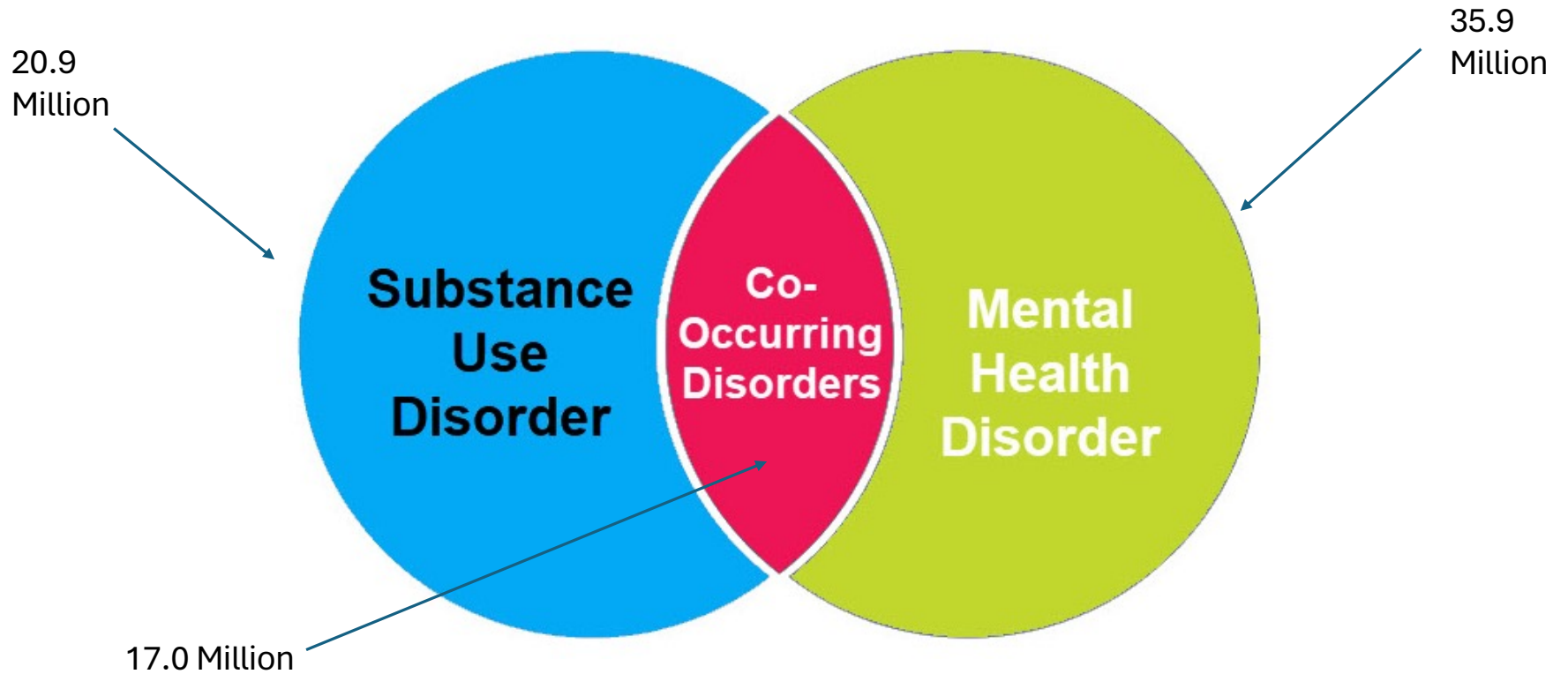


Broad Strokes

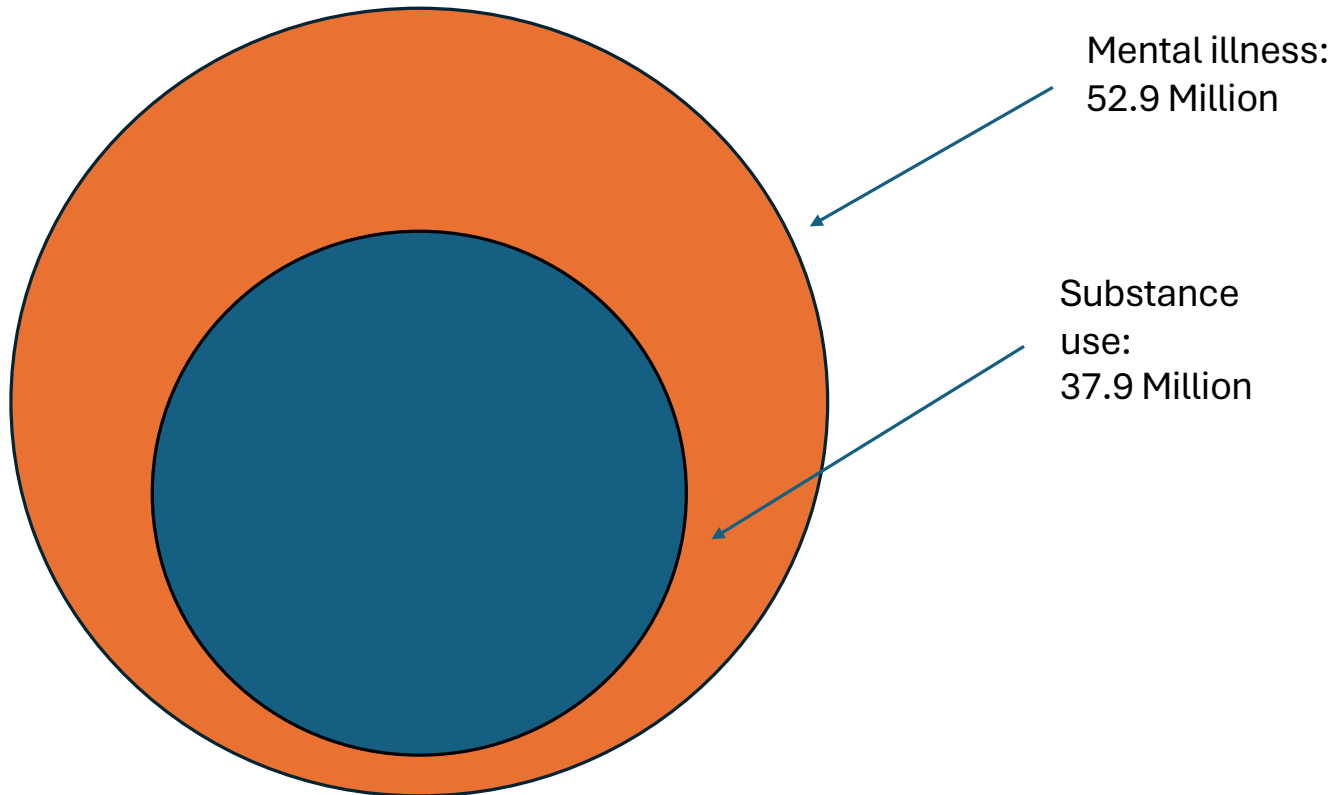
To offer low barrier access to behavioral healthcare, including addiction medicine, psychiatry and clinical services for children, adolescents, & adults, through a comprehensive, coordinated, multidisciplinary team-based approach, using the trauma informed, harm-reduction and recovery-oriented philosophy.



What was the data telling us?



What if we looked at it a little differently?

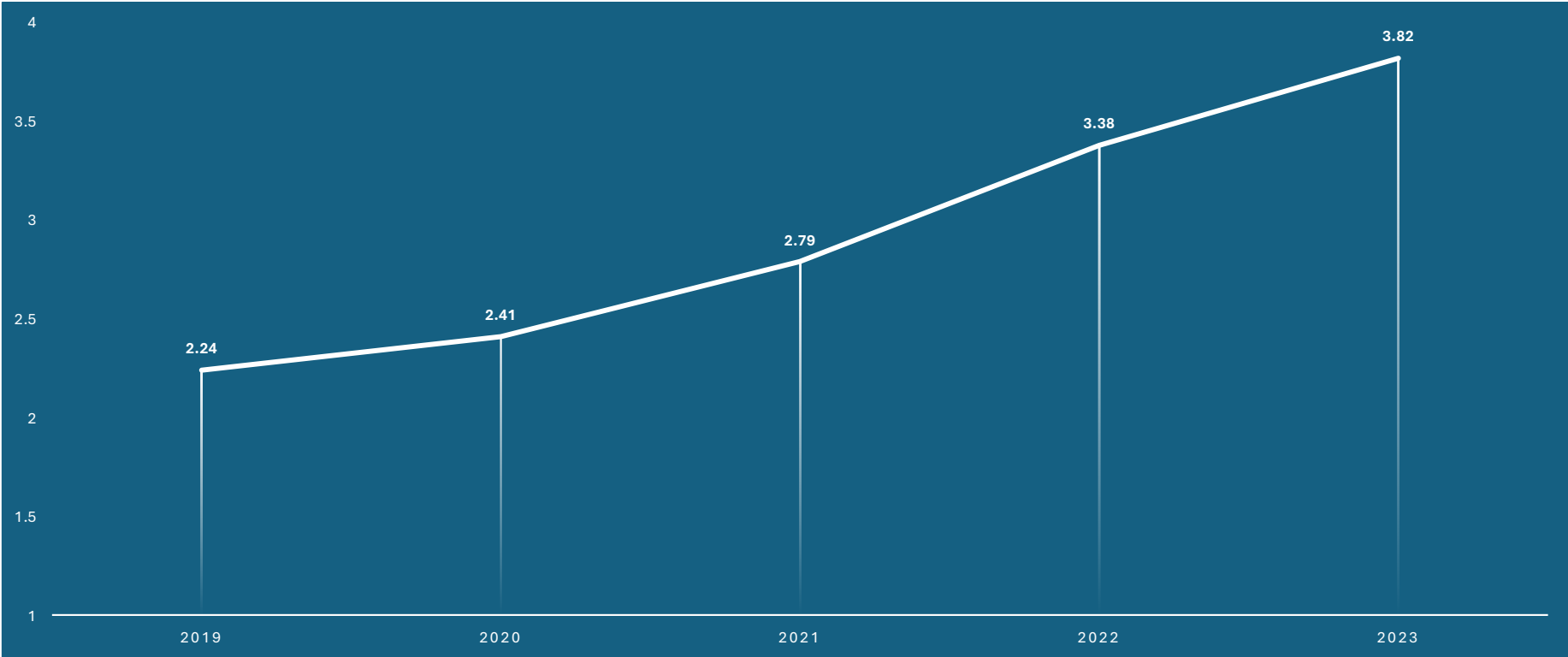


Integrated Care

- Service lines
- Staffing
- Training
- Space



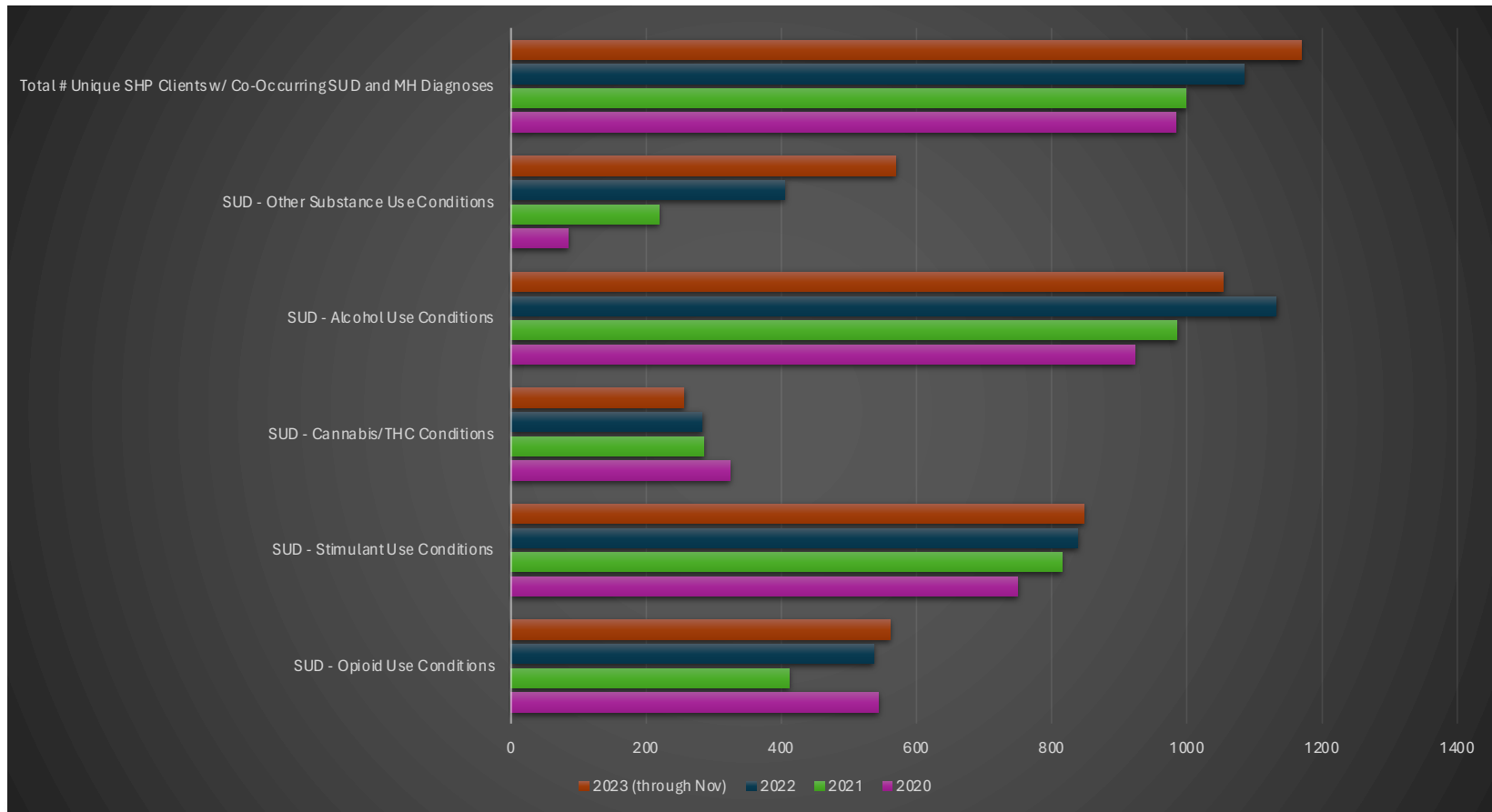
Average Client Acuity Increased from 2019-2023 in Integrated Care Efforts



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Increasing Prevalence of Substance Use as Primary Diagnosis & Prevalence of Co-Occurring Diagnose - 2020-2023





POUDRE SCHOOL DISTRICT
NORTHERN COLORADO



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Lessons Learned

- Different training background
- Streamlining communication
- System payment structures and billing for services
- Physical space
- Learn from one another with perspectives that differ
- Using leaders across disciplines to collaborate and find ways to communicate with multi-disciplinary teams
- "just because it's always been done this way, doesn't mean it has to be this way."



Levels of Care



- 24/7 Walk-in Care Availability
- Services include individual therapy, group therapy, medical treatment, medications, intensive care coordination, and on-site lab & pharmacy.
- Internal medical clearance





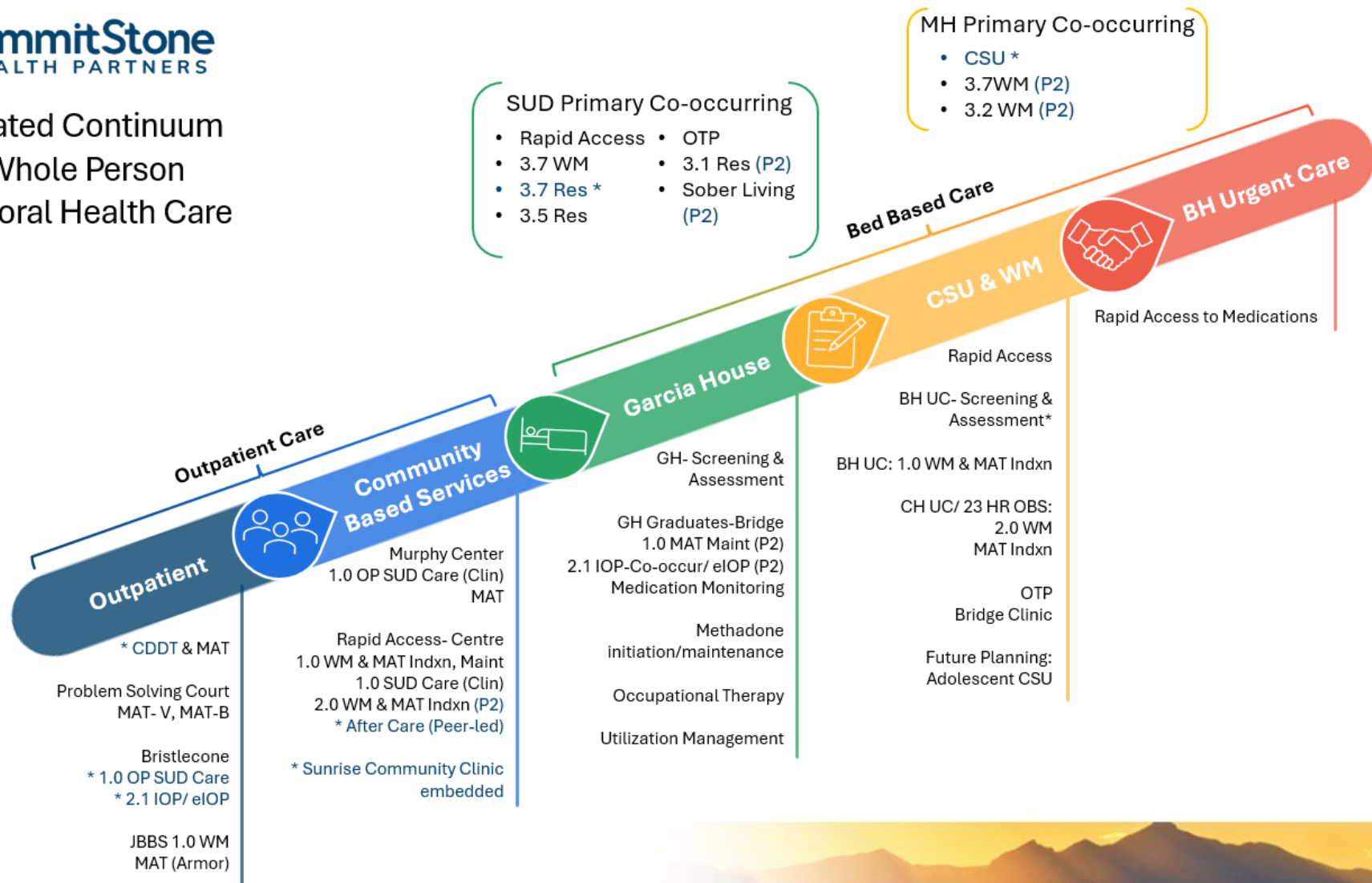
We continue to deliberate and consider integrated whole person care.

What does that mean for us now and into the future?





Integrated Continuum
of Whole Person
Behavioral Health Care



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Key Take Aways

- "Who do you get to see today?"
- Treatment philosophy and other grounding documents
- Diverse providers, non-traditional CMO
- Focus and training toward broad-shouldered work undergirded by national guidelines. Teach therapists to perform CPR, respond to codes
- The way we've always done it doesn't mean the way we need to do it
- A built-environment that supports the work you are doing and helps get to yes!

Thank you!!!

Questions?

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Upcoming Sessions

12:15-1:45

Exhibitor Appreciation Lunch

Sponsored By: NAATP Board



1:45-2:45

NAATP Educational Workshops

- Enough is Enough: Setting New Trends in Ethics
Governor's Square 15
- Workforce: Acquisition, Retention, and The NAATP Salary Survey
Governor's Square 14
- Understanding Provider Finances: A Business School Workshop
Governor's Square 12

2:45-3:15

Exhibit Hall Popcorn Party & Networking Session

Sponsored By:



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